

# “CPR +”

## Clinical Performance Rehearsals + 5 Xray Sample Stations

### OPTIONAL – HINTS

#### GENERAL:

1. The Xray portion of the exam is usually set in your Xray reading classroom. Make sure to start answering on your scantron at the station number you begin at. This is the most common error and is easy to do after hours of waiting to take the exam (i.e. low blood sugar).
2. Usually Clinical Competency (Ortho/Neuro, Physical exam) & Set-up portions of the exam are in your outpatient clinic. “Commands” during the exam may be a buzzer, whistle, or a verbal announcement instructing you to:
  - A. “Enter the station” (You will have 5 minutes from that point)
  - B. “30 seconds remaining”
  - C. “Leave the station” (thank patient, go to next station)

**NOTE:** You will have 1½ minutes to get to the next station & read instructions on door.  
Instructions are also inside Patient Encounter Probe (PEP), taped to Examiner’s table.

3. There are 2 types of Clinical Competency rooms:
  1. **PEP (Patient Encounter Probe) rooms**, where you perform tests on or take a case history from a patient.
  2. **Scantron rooms**, where you receive “additional information” (related to the previous PEP) in a notebook and/or Xrays and answer 2 multiple-choice questions on a scantron (sample to follow). Be sure to look at every page in the notebooks.
4. Each set-up room is a PEP in which you must perform 2 set-ups on a patient; You should converse with patient for set-up instructions including: remove glasses, socks, shoes, help position them. Once done, verbalize to Examiner, “My Line of Drive (LOD) is...

5. The examiners in the PEP rooms are Chiropractors with at least 5-years' experience & in good standing. The patients in the PEP rooms are healthy people trained to imitate the physical and emotional feelings of a "real" patient. ***Treat the patient as a regular patient in your office. Be kind, be gentle. Do not focus on the examiner!!***

6. You will be given a small booklet to carry throughout the exam (last 2 pages are your scrap sheets – DO NOT tear them out). Use sheets to write down outlines/reminders to yourself when outside a room and to take notes from patients once inside the rooms. This will avoid forgetting things and reduce stress. (Practice this during CPR's)

7. Several sheets of stickers (inside booklet) identify you by a number and bar code. You have to hand 2 stickers to each examiner when you walk into each PEP room. Tab a corner of each sticker as you are walking or waiting to go into the room. This will prevent you from having to try to peel a stubborn sticker in front of an examiner and will offer you more time once in the room.

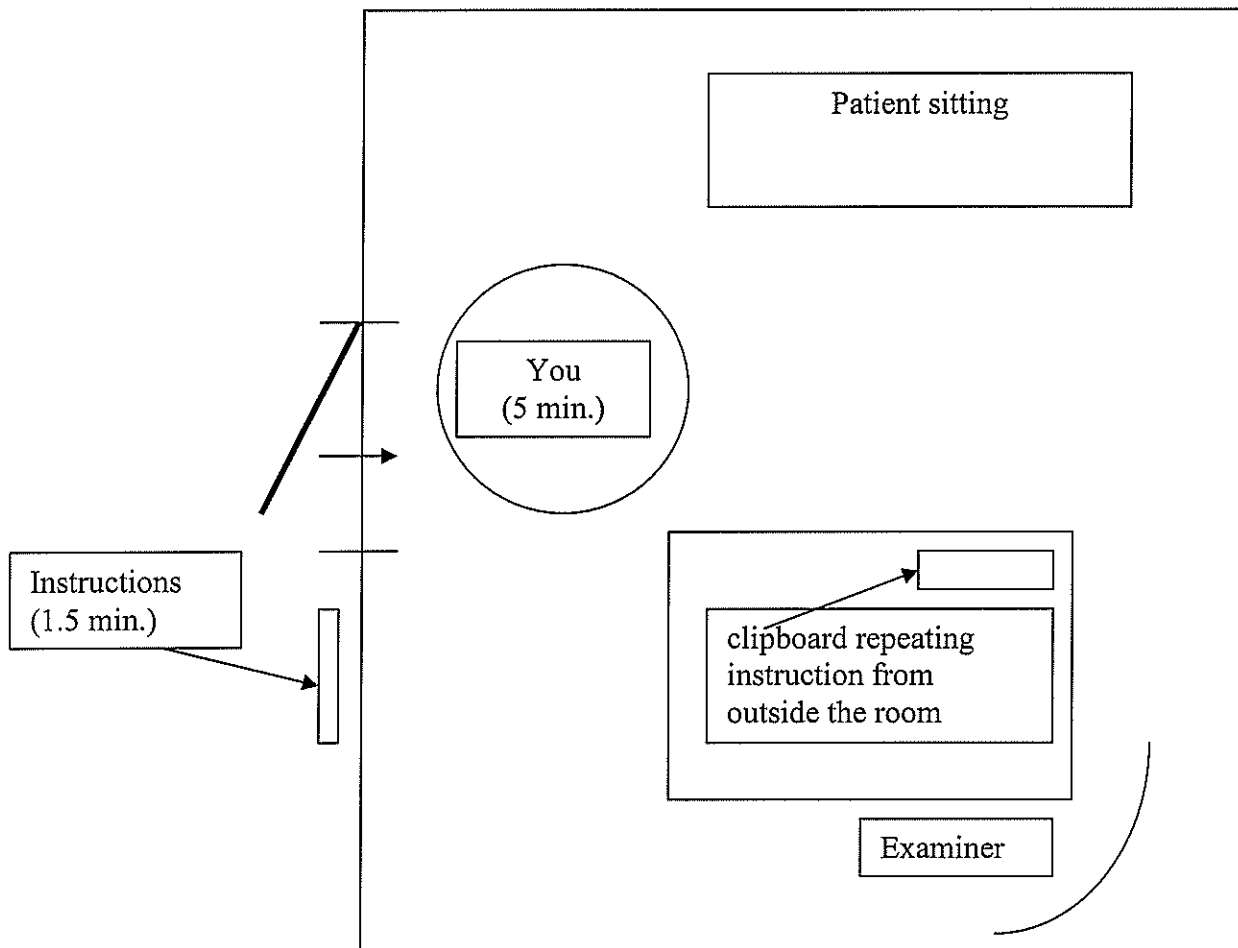
8. Equipment may be in some stations (eg: B/P cuff, stethoscope, reflex hammer, tuning fork, tape measure, cotton balls...). Look for these.

9. If there is hand-cleaner in room, use before touching patient. If face paper is soiled, change.

10. If your patient is wearing glasses, earrings, shoes, or anything else that might interfere with your task (skin-on-skin) or patient comfort, *ask the patient* to remove the item. *Give it back* once your task is completed.

11. You may bring snacks/drinks in clear plastic. Don't worry; the proctors make many escorted trips to the bathroom before the exam begins. Do not bring valuables, notes, doctor bags, equipment, or any electronic devices (see [www.nbce.org](http://www.nbce.org) for specifics). Be ready to spend up to 6 hours each day at the test site.

# “GENERIC PATIENT ENCOUNTER PROBE (PEP) ROOM”



# “GENERIC POST ENCOUNTER PROBE (PEP) ROOM”

Inside the room, binder contains several pages. Info includes: Vitals, paining drawing, labs & may include additional info. The following is an example of a lab page as seen in the binder. There are rarely more than 8-9 labs listed and generally 2 or fewer are positive.



**NOTE:** Positive findings are listed with the value being designated as either high or low. Remember, normal labs exclude possible answers

<b>TITLE OF LAB (ex. “CBC” or “SERUM STUDY”)</b>			
<u>AGENT</u>	<u>VALUE</u>	<u>UNITS</u>	<u>RANGE</u>
RBC	4.0 (L)	x10 <sup>6</sup> /L	4.5 - 6
HCT	42	%	38 - 48
Hgb	15	g/dL	12 - 18
Plat	30	x10,000/mm <sup>3</sup>	14 - 40
WBC	5.8	x1000/L	5 - 10
ESR	52 (H)	mm/hr	0 - 20
FBS	96	mg/dL	80 - 110

<b>KEY:</b> {L} Abnormally Low	{H} Abnormally High	{*} Critical Value
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