

ADDITIONAL TOS TESTS FOR NBCE PART IV

Note from Dr. James:

There are several TOS traction tests. I have included two of the most accepted methods in this addendum.

Make sure you distinguish between the words “cervical distraction test” which is pulling upward on the head, testing cervical nerve roots, (as demonstrated in the course with our model), from TOS traction testing seen in this addendum.

Also, make sure you distinguish between the words “cervical traction test” which is stabilizing the shoulder, laterally flexing the head, testing cervical nerve root adhesions, (also demonstrated in the course with our model), from TOS traction testing seen in this addendum.

The two methods of brachial plexus traction included in this addendum should be acceptable if that’s what the NBCE generically asks for. However, if they say specifically, “Elvey Test”, be sure and perform the test I have labeled for you.

Now remember...if the NBCE requests a ‘new’ Orthopedic test, they generally use a name that describes what you are supposed to do.

Don’t panic, do something that ‘makes sense’ and just move on!

**Chiropractically Yours,
Dr. James**

Traction Test (aka Brachial Plexus Traction Test)

- Positive indicates cervical rib

Part 1: Patient seated with arms resting on their lap. Doctor feels pulse on involved side.



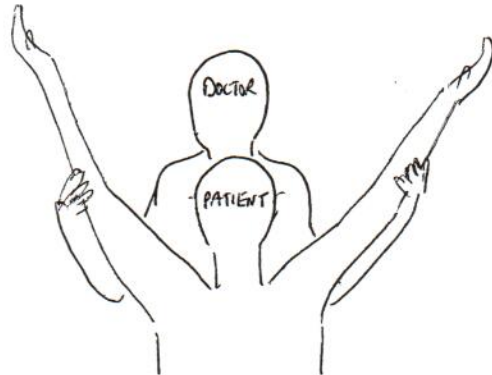
Part 2: Doctor elevates entire arm (involved side). Doctor stabilizes shoulder with one hand while tractioning entire arm with the other hand (holding patient's wrist).



Brachial Plexus Traction Test (aka Brachial Plexus Tension Test aka Elvey Test)

- Positive indicates TOS

Part 1: Patient seated with arms at their side. Patient abducts both arms with palms pronated (towards floor). Doctor supports arms at height demonstrated in picture. As doctor supports arms, have patient supinate palms (upward) until symptoms appear.



Part 2: Doctor holds patient's arm in abduction. Patient flexes elbows & places hands behind their head. Positive for TOS if symptoms reoccur.

